

What is claimed is:

1. A pharmaceutical composition essentially comprising an extract of radish and tea leaf as an active ingredient in an effective amount to treat and prevent intestinal disease and constipation, together with a pharmaceutically acceptable carrier thereof.
2. The composition of claim 1, wherein the radish is the root of *Raphanus sativus* L. or *Brassia* Lap.
3. The composition of claim 1, wherein the tea leaf is unfermented or fermented leaf of *Camellia sinensis* and other similar species thereof.
4. The composition of claim 1, wherein the tea leaf is selected at least one selected from the group consisting of green tea leaf, oolong tea leaf, black tea leaf, Pu-erh tea leaf, Tien-Guan-In tea leaf and Boe-Jong tea leaf.
5. The composition of claim 1 wherein the extract further comprises an extract extracted from at least one crude drug selected from the group consisting of *Daucus carota* var *sativa*, *Aurantii nobilis* Pericarpium, *Aurantii immatri* Pericarpium, *Ficus carica* L., *Allium cepa* L., *Mume Fructus* and *Prunus armeniaca*.
6. The composition of claim 5, wherein the pharmaceutical composition is essentially comprising an extract of crude drug combination consisting of radish, tea leaf, *Daucus carota* var *sativa*, *Aurantii nobilis* Pericarpium, *Aurantii immatri* Pericarpium, *Ficus carica* L., *Allium cepa* L. and *Mume Fructus*.
7. The composition of claim 5, wherein the pharmaceutical composition is essentially comprising an extract of crude drug combination consisting of radish, tea leaf, *Daucus carota* var *sativa*, *Aurantii nobilis* Pericarpium, *Aurantii immatri* Pericarpium, and *Allium cepa* L.
8. The composition of claim 5, wherein the pharmaceutical composition is essentially comprising an extract of crude drug combination consisting of radish, tea leaf, *Daucus carota* var *sativa*, *Aurantii nobilis* Pericarpium and *Aurantii immatri* Pericarpium.
9. The composition of claim 5, wherein the pharmaceutical composition is essentially comprising an extract of crude drug combination consisting of radish, tea leaf, *Daucus carota* var *sativa*, *Aurantii nobilis* Pericarpium, *Aurantii immatri* Pericarpium, *Ficus carica* L. and *Mume Fructus*.
10. The composition of claim 5, wherein the pharmaceutical composition is essentially comprising an extract of crude drug combination consisting of radish, tea leaf, *Daucus carota* var *sativa*, *Aurantii nobilis* Pericarpium, *Aurantii immatri* Pericarpium, *Ficus carica* L., *Allium cepa* L., *Mume Fructus* and

*Prunus armeniaca*.

11. The composition of claim 10, wherein the pharmaceutical composition is essentially comprising an extract of crude drug combination consisting of radish, tea leaf, *Daucus carota* var *sativa*, *Aurantii nobilis* Pericarpium, *Aurantii immatri* Pericarpium, *Ficus carica* L., *Allium cepa* L., *Mume Fructus* and *Prunus armeniaca* with the ratio of 1~2 : 0.1~1 : 1~2 : 0.01~1 : 0.01~1 : 0.01~1 : 0.1~2 : 0.01~1 : 0.01~1.
12. The composition of claim 1, wherein intestinal disease comprises all the intestinal disease caused by microorganism such as *Escherichia coil* and *Salmonella typhimurium*, food poisoning, acute enteritis and acute diarrhea.
13. A process for preparing crude drug composition comprising the step consisting of ; (i) washing, cutting into small pieces and smashing or drying crude drugs comprising radish, tea leaf, *Daucus carota* var *sativa*, *Aurantii nobilis* Pericarpium, *Aurantii immatri* Pericarpium, *Ficus carica* L., *Allium cepa* L., *Mume Fructus* and *Prunus armeniaca*; (ii) mixing dried or juicy form of crude drugs with appropriate ratio (w/w) with 5 to 20-fold of distilled water, alcohols or the mixtures thereof; (iii) heating the mixture at the temperature ranging from 70 to 120°C for the period ranging from 1 to 5 hours with 1 to 5 times; (iv) and lyophilizing or drying the extract to obtain an pulverized form of crude drug composition.
14. A health care food comprising the extract of radish and tea leaf, together with a sitologically acceptable additive for preventing and alleviating intestinal disease and constipation.
15. The health care food of claim 14 wherein the extract further comprises an extract extracted from at least one crude drug selected from the group consisting of *Daucus carota* var *sativa*, *Aurantii nobilis* Pericarpium, *Aurantii immatri* Pericarpium, *Ficus carica* L., *Allium cepa* L., *Mume Fructus* and *Prunus armeniaca*.
16. The health care food of claim 15 wherein the health care food essentially comprises the extract of crude drug combination consisting of radish, tea leaf, *Daucus carota* var *sativa*, *Aurantii nobilis* Pericarpium, *Aurantii immatri* Pericarpium, *Ficus carica* L., *Allium cepa* L., *Mume Fructus* and *Prunus armeniaca*.
17. The health care food of claim 14 wherein the health care food is provided as powder, granule, tablet, capsule, bread, cookie, jam, candy, gum, beverage or yorgurt type.